



Leading with Emotional Intelligence: the 7 Practices of EI Leaders

What's this about?

What sets successful leaders apart is their level of Personal Mastery and Emotional Intelligence. – the ability to tune into the impact their feelings and behaviour have on people around them. A leader's level of EI profoundly affects team climate, culture and productivity.

Leading with EI is about realising that for people to put in a superior performance, you have to connect with their feelings first. This highly-regarded clinic has loads of tools and insights on how to apply 7 key practices to energise your leadership, create more connective relationships and bring out the best in yourself and others.

You'll learn how to...

- Understand the role leaders play as emotional care-takers
- Connect better with people you lead to inspire & motivate
- Tune in to your own patterns of thinking, feeling & behaving
- Master ways to manage emotions & use them positively
- Tackle tough situations in more emotionally intelligent ways
- Cultivate a more connective and resonant leadership style
- Create more constructive emotional climates at work

What we cover...

- Personal Mastery: putting the 'me' in leadership
- EI – what it is and why it matters for leaders
- Neuro-anatomy of emotions – brain basis of EI
- Handling hijacks and emotions mapping
- Resonant versus dissonant leadership styles
- 7 Practices of Emotionally Intelligent leaders
- "F" words: finding and expressing feelings
- Empathy: reading your emotional radar
- EI in play: the conversational connection
- Connecting with other's feelings: listening from 2nd
- Dealing with disruptive emotions and hostility

Is this right for you?

This clinic has evolved into one of the most powerful and practical tool-based events you can do to master the things that really matter for leading with EI. People from all walks of leadership life use this clinic to mindfully manage moods and enrich their relational skills – executives, directors, team leaders, school principals, and both public and private-sector professionals...



"An insightful workshop that encouraged self-reflection and participation. It helped me gain a better insight into my own level of EI and the strategies I employ to self-manage (or not). It was more than a chalk and talk. Bill has an easy, calm approach that creates a safe environment to allow yourself to participate and get the most out of the sessions. I thought the pace and content was well considered and the group dynamics and enthusiasm were a highlight for me, as well as Bill's experience, knowledge and presentation skills." Jay Hendricks – Queensland Health

Course Features...

- Translate theory into tangible tools and actions
- Take-away a totally revised 150-page 3rd edition of our self-coaching guide with 27 tools.
- Stock-take EI skills with our EI Leader Inventory based on The 7 Practices
- Develop a personal improvement plan to put EI into action using our 5 step self-coaching model

Course Details...

Duration: 2 days

Fees: \$825 per person – Discounts available

Locations & Dates: See our 2013 Course Calendar attached and on-line

Learn 7 crucial EI Leader practices to lift your level of self-awareness and bring out the best in others