



Social Intelligence – EI in Teams

What's this about?

Social and Emotional Team Intelligence (SETI) is one of the key differentials between effective and ineffective teams. It's the new brain science behind getting along well with others and every team could do with more of it.

The more positive emotional connection there is in a team, the more people feel friendly and focused. There's growing recognition that SETI is at the heart of good work, good teams and good team-work.

This all-new, 2-day work-out (1-day in selected regions) covers 10 SETI Dimensions crucial to creating cohesive, connective teams and building more positive emotional states like resilience, respect and empathy that contribute dramatically to superior team performance.

You'll learn how to...

- Boost your level of social intelligence & emotional awareness
- Reinforce relationship builders like resonance, & rapport
- Increase positive behaviour like openness, valuing, respecting
- Temper the impact of toxic emotions on team climate
- Create more cohesion and connectivity in your team

What we cover...

- Emotional patterns: how this team feels
- Emotional candour: opening up to feelings
- Handling hijacks and disruptive emotions
- Likingness & trust: keys to connectivity
- Resonance & rapport – relationship builders
- Empathy – creating connective relationships
- Purpose & vision – emotional energisers
- Resilience – the bounce-back emotion
- Positivity, perseverance & team outlook
- Team cohesion, commitment, collaboration
- Team emotional climate & culture
- The SETI Inventory – how do we score?

Is this right for you?

We have specialist EI clinics for leaders and staff but this clinic is for both leaders and team members, who want to do something about improving the emotional climate of the team they work in. We find that often teams get better results when a core of people from the same unit decide to come along together to do this work-out and plan how to improve their emotional team environment.



“A valuable course to develop professionally in utilising EI in teams to create healthy work environments and culture. You'll be given the science behind why EI affects team and individual performance, and tools to identify how in tune you are with your Team EI. The relaxed atmosphere Bill creates to look at some intense content was a high-point for me...” Francoise Lane – Department of Communities

Course Features...

- Our unique 10 Dimensions Model to diagnose your team's level of SETI
- Take-away 130-page SETI self-coaching guide with tones of tools and team activities.
- Take your team's emotional temperature with our SETI inventory based on the 10 dimensions
- Develop a SETI CHARTER to Integrate EI into your team operating principles

Course Details...

Duration: 2 days (or 1-day in selected regions)

Fees: \$825 per person (If 1-day – \$495)
Discounts available

Locations & Dates: See our 2013 Course Calendar attached and on-line

Explore 10 social & emotional dimensions crucial to creating more cohesive & connective teams