



# Teaching with EI

**Social and emotional leadership in classrooms**

Designed and delivered by

**Bill Cropper**

**Rethink how you use Emotional Intelligence in your teaching & classroom leadership...**

## ▶▶ Leading with EI in the Classroom

Nowhere is EI more critical than in classroom leadership. Things like knowing how feelings affect you, connecting with others and controlling disruptive emotions, are foundational for success in learning and life. The more emotional connection there is in a classroom, the more everyone feels happy, interested, enthused. Students learn best and teachers teach best when they feel good about being in class and feel they get along well with others.

Whether you plan to or not, all teachers are emotional coaches. They deal with emotions day-in and day-out. Like leaders everywhere, teachers knowingly or unknowingly, imprint emotional patterns on students. Research reveals a teacher's level of EI is by far the single most important variable in creating emotionally safe, supportive and constructive classroom climates. Becoming more adept with tools for emotional coaching enhances teacher effectiveness, classroom management and learning climate. EI may not be the cure-all of all classroom challenges, but more of it certainly helps cultivate happier, healthier, higher-functioning and less-stressed classrooms, students and teachers.

## ▶▶ What is Teaching with EI about?

This 1-day clinic is adapted from our popular *Leading with EI* program hundreds of leaders have attended over the past 5 years, including many principals and HODs. It adapts tools from that program to leading, teaching and coaching with EI in classrooms.

Coming to this clinic can help enhance your emotional self-awareness, equip you to be a better emotional classroom coach – and you'll take away tools and ideas to apply EI in a range of classroom contexts. It shows you how to raise levels of learning by targeting positive emotions and develop learning activities and strategies that are emotionally resonant and engaging. Topics we touch on include:

- The part EI plays in good teaching & learning
- Positive & negative emotional learning states
- Teachers as emotional coaches & role models
- Catching moods – contagion in the classroom
- Resonance or dissonance – relating to learners
- Modelling EI – what lessons do your students learn?
- The brain stuff behind emotional intelligence
- Amygdala attacks – when feelings take us over
- Foundations: E-mapping with the EI triangle
- Scaffolding – EI competencies in classrooms
- Teaching with EI: 10 dimensions for practice
- Assessing EI learning climate in classrooms
- Managing moods & maintaining emotional balance
- Toxic emotions – stressing learning & teaching
- Empathy – reading/responding to learner's feelings
- Teaching EI – tools, activities, methods and ideas
- Teaching behaviour – EI classroom inventory

## ▶▶ What about Cost – and how do I Register?

Registration at [www.thechangeforum.com](http://www.thechangeforum.com) or use the form on page 3. Course Fee (see registration form) covers coaching, lunch and refreshments plus a comprehensive toolkit to assist classroom applications. Discounts available. Max 20 places per event. Current dates and locations above...

## ▶▶ In-School Clinics – we can come to you

In-school clinics can be conducted as personal development days to enhance shared understanding and increase the likelihood of applying EI productively in 'real-time' back in your classroom and teaching teams. Contact us for a quote...

## Revised DATES - 2011:

- Brisbane April 1
- Townsville April 6
- Cairns May 6
- Rockhampton May 23
- Brisbane June 3
- Toowoomba July 22
- Gold Coast July 25

...And In-house on request...

## Do you want to:

- Manage your own emotions better and lead with EI in your classroom
- Raise levels of engagement and make classroom climates more joyful, respectful and emotionally supportive
- Work on ways to integrate more social and emotional learning and leadership into classroom activities
- Model how to handle hostility/conflict better and be a real emotional coach

## How do you know if this clinic is for you? Try this... Have you...

- Reached a point where you know how much emotions really matter for good learning & good classrooms?
- Sensed that whatever other lessons you teach, you teach emotional ones first?
- Resolved to deepen the resonance of your teaching & connect better with students?
- Committed to making your classroom more emotionally supportive & safe?
- Grown restless, questioning – or just feel something missing in your teaching
- Realised that before you can emotionally coach learners you need to become an emotional learner yourself?
- Been looking for tools to help you integrate more emotional coaching and learning into your teaching mix?
- ➔ If you ticked 2 or more of these why not consider coming along?

## Introductory Reading...

**FactFile-22:** EI at School – why it's every teacher's business [Download at www.thechangeforum.com](http://www.thechangeforum.com)

## Contact Us...

For information, brochures and in-house quotes, contact **Bill Cropper:**

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## ➤ Other EI Clinics from The Change Forum...

**Personal Mastery: Leading with EI** is our core EI program for leaders. A practice-intensive 2-day coaching clinic for leaders at all levels, it explores how to apply 7 key EI practices to energise leadership, create more connective team relationships and bring out the best in others. For general staff or team-building, our interactive 1-day seminar **EI at Work: Working with Emotional Intelligence** shows staff what EI is, why it matters and how to start applying basic EI tools and behaviours at work. And for those keen to strengthen their capacity for connective leadership, building on initial exploration of EI concepts, our **Compassionate Leadership** master class shows how to raise your level of EI by mindfully cultivating connectivity, compassion, resonance and empathy – all telling social and emotional factors in maintaining emotional balance, combating toxic emotions, relieving leadership stress, building up well-being and creating vibrant work relationships. All programs are offered as public events in regional centres and also available in-house – both in standard format and customised to address specific workplace issues and priorities.

## ➤ Constructive Conversations & Difficult Discussions...

The calibre of conversations in an organisation, school or classroom is a telling indicator of workplace culture and a key element in the effective functioning of any group or team. Our 2-day constructive conversations clinic: **Leading through Conversations** explores 7 essential principles for more powerful, penetrating and constructive conversations that will help you manage your conversations more effectively and strengthen your capacity for conversational leadership in wide-ranging settings. For those more contentious, confronting conversations that so many of us find difficult to handle well, our popular 2-day master class **Dealing with Difficult Discussions** offers a set of practical tools and a process to follow to help handle difficult situations with more care and confidence and ultimately convert destructive confrontations into constructive conversation. Regular public clinics are offered in selected regional locations and available for delivery and customisation in-house.

## ➤ Tools for School Renewal & Revitalisation...

Our unique 2-day toolkit forum **Leading Learning Schools** explores ways to apply the tools and practices of Peter Senge's 5 Learning Disciplines to enrich school renewal, revitalisation and curriculum creativity. Through adopting the processes, principles and leadership practices of learning organisations schools can break down barriers to whole-school learning, extend the role teachers play as learning-leaders, promote thinking and emotional literacy and build the capacity for more learner-centred learning. Not restricted to school leaders, this well-regarded program can benefit school practitioners at any level who want to learn how to create learning schools and classrooms, reshape school vision, revitalise school culture or refresh their learning practices and approach.

*"Leading Learning Schools was excellent. I recommend it highly." Wayne Troyahn Nambour SHS "Enjoyable and very challenging. It's made me think and plan actions to improve our school ethos and sense of community. A very worthwhile and valuable two days and the guide is very, very well done." Patricia O'Brien, Redbank Plains SHS*

## ➤ Facilitation & Presentation Services...

As an adjunct to our Leadership Learning Programs we provide personalised leadership coaching services for individuals and small groups, forum facilitation, key-note presentations and fast-track learning sessions at conferences, planning forums, team meetings or other relevant events. Drawing on 20+ years of change management, leadership learning and team development experience Bill Cropper delivers informative, interactive, thought-provoking sessions on topical themes designed to address or complement particular issues, concerns, challenges and context. Bill's style is relaxed, down-to-earth, amusing, affirming and engaging. He connects with people and puts them at ease, at the same time as raising their curiosity and gently confronting current thinking. More information on-line or contact Bill direct to discuss ways he can help.

## ➤ Our Change Services – helping you with change

We've been helping organisations and leaders with change projects large and small for many years and we've a fair idea how daunting it can sometimes seem. Organisations often want help designing their own change processes but choices and options around change and working out where to start can sometimes overwhelm and confuse. So we've put together a **Profile of our Change Services** which provides a snapshot of the sorts of things organisations typically ask us around workplace change and some of the critical change management areas you are likely to want to address. Download on-line or Contact us direct to discuss ways we might be able to help.

## About your Presenter:

 **Bill Cropper** is Director of *The Change Forum*. He has a wealth of practical leadership learning, coaching and change experience. His work centres on helping leaders to build the conversational, emotional, relational and team-working capabilities they need to create vibrant, supportive work cultures and high-performing teams.

Bill's keenly interested in the benefits of conversational coaching and emotional intelligence to create connective and compassionate workplaces, promote productive, open interchanges and facilitate personal growth and change mastery. For the past 7 years, he's run hundreds of Conversational Coaching and EI Clinics that have benefited numerous managers, team leaders and other professionals from many wide-ranging backgrounds. Bill's a preferred learning consultant and leadership coach for many public sector agencies, providing facilitation, training and coaching services to senior executives, managers, work teams and community groups around leadership capacity-building. He has a down-to-earth, relaxed and outgoing style and works comfortably with people from all levels, occupations and backgrounds.

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*"I appreciated your laid-back/informal approach to delivery. I left feeling motivated and eager to put what I'd learnt into practice"*

Di Grech Bentley Park College  
*"Your friendly, laid back manner put us at ease right from the start."* Robyn Yared, Greater Brisbane Gifted Education Network

## In-School programs...

Integrate our learning programs into your leadership or organisational capacity-building strategies by having them conducted **in-house** – in standard format or customised to suit the particular needs of your workplace or team. In-house clinics enhance shared understanding, strengthen relationships and increase the likelihood of people applying new ideas productively in 'real-time' back in your workgroup or management team.

## Other Services... Contact Us

We offer a wide range of change consultancy, learning, coaching, team development and facilitation services and invite you to contact us (any time) to discuss your needs or issues, how we can help and arrange a quote. For individual program brochures or more information on how we might be able to assist you or your team, **contact Bill Cropper** at **The Change Forum** on:

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